

MINIMED™ MIO™ INFUSION SET INSERTION

Hints and Tips

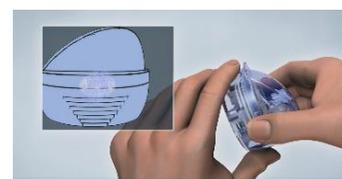
- Wash your hands carefully before you insert your infusion set.
- Avoid using lotions or moisturisers where you intend to apply tape as the tape may not stick well if these are on your skin
- You can use a prep or additional adhesive underneath or around your infusion set site for extra protection if necessary
- After inserting your set go back around the edge with your finger to seal the edges of the sticky tape to your skin
- Rotate infusion set sites to keep your tissue healthy
- If you find that the set is not adhering to your skin adequately you can use a solid or spray non-deodorant antiperspirant applied to the site 10-15 minutes prior to insertion. The site then needs to be cleaned to remove any excess antiperspirant from skin and allow it to dry before insertion.

Step by Step

1. To remove MiniMed™ Mio™ from its packaging, pull the red tab and take off the protective plastic wrapping. Pull down on the white tab and remove the sterile paper.
2. Place your thumb and fore finger on the three raised marks that are located on each side of the device. Firmly squeeze and pull upwards using the lip on the lid.
3. Unhook the tubing from the groove and gently unwind the tubing by pulling it upwards in a counterclockwise direction.

Be careful not to pull too hard when the tubing is fully unwound as this could accidentally dislodge the infusion set from its casing.

4. Connect the infusion set to a newly filled reservoir and following the pump instructions place the reservoir into the pump
5. Once the reservoir is in the pump, fill the empty tubing with insulin until insulin is seen dripping from the end of the needle.



MINIMED™ MIO™ INFUSION SET INSERTION

6. Gently pull the tab of the spiral paper backing to remove it and expose the adhesive.



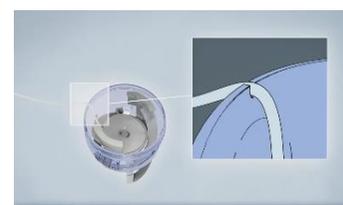
On the plastic casing you will feel two areas with lines for gripping to load the set and two areas with smooth indentations for insertion



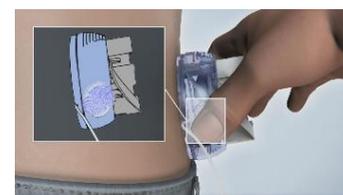
7. The lines are held when loading the set. Hold them with your thumb and middle finger (do not squeeze this tightly as this can affect your ability to load the set correctly) and from the back hold and pull the center of the inserter back until you hear it "click". Note – you should get a click on both sides of the set.



8. Carefully remove the needle guard by gently twisting to loosen it, then pull it off.



9. Place the tubing in the slot on the side of the inserter. This ensures that the tubing is not caught underneath the device during insertion.



10. Position MiniMed™ Mio™ infusion set on your chosen insertion site (bearing in mind the direction you wish your tubing to be located) Move your fingers to the 2 smooth indentations and with equal pressure squeeze both firmly at the same time.



11. Push on the center of the inserter to secure the adhesive onto the skin.



12. Remove the inserter and introducer needle by holding the centre of the inserter and gently pulling it straight outwards. Dispose of this into a sharps bin.



13. Smooth the adhesive securely onto the skin.

14. Fill the cannula.

Important - Cannula fill for 6mm MiniMed™ Mio™ is 0.300u